

## **SHAC Minutes 11/15/2018**

### **Introductions**

Committee members introduced themselves.

### **Members Present**

Brandy Chambers, Sara Plank, Fisher Sherrodd, Allen Ritchie, Tonya Heard, Allison Jasso, Pat Perdue, Marilou Duchaney, Molly James

### **Approval of Minutes**

A motion to approve the minutes from 9/20/2018 was made by S. Plank. Seconded by M. Duchaney.

### **State Immunization Report**

M. James reported that the state immunization report is complete and submitted to the state. BISD immunization records are in compliance with state regulations.

### **Staff Health Initiative**

M. James introduced HealthyWage as a possible staff health initiative to begin in Jan.2019. HealthyWage is a weight loss competition that involves a fee to join with possible monetary prizes to be given at the end of 12 weeks. Committee members felt like staff would be interested in participating. M. James will work on getting program started.

### **SHAC Board Report**

The yearly SHAC report to the board has been submitted. A. Ritchie presented the report to the committee.

### **Tobacco Survey**

M. Duchaney reported that BISD has qualified to take part in the Texas Youth Tobacco Survey which is sponsored by the Texas Department of State Health Services. BISD was chosen to participate because the local community coalition, Bay Area Council on Drugs and Alcohol Tobacco Prevention and Control Coalition, will use this data to plan tobacco prevention and cessation activities in this area. The survey is voluntary and will include students in grades 6th-12th with 3-9 classes of each grade level. Students present stated they believe students would answer honestly because the survey is private and anonymous.

### **Drug Testing**

M. Duchaney reported that random drug testing has begun on both high school campuses. The same number of tests will be administered as last year. Students eligible for testing include students who are in extra-curricular activities and those who possess a parking permit. We are currently on the 5th round of testing with no positives during the first 3 rounds.

### **Student Reports**

Student representatives from Brazoswood Stuco reported on Stuco activities:

- Blood drive brought in 53 units. Students can now only donate every 4 months. Blood drives will continue every 2 months.
- Mental health week included an activity every day for the week. Activities included games, coloring, making stress balls, therapy dogs, yoga.
- Freshman stuco officers are setting up a stuco support group in which students can talk to someone.

### **Adjourn**

Meeting adjourned at 4:30pm.